

# SUGGESTIONS FOR YOUR PARISH AND YOUNG PEOPLE IN THE YEAR OF YOUTH

Engaging 12–30 year olds in your parish

## ACTION IDEAS:

- Intentionally invite young people to engage in the work of your parish (e.g. Welcoming Ministry; Proclaimer of the Word; Extraordinary Minister of Holy Communion).
- Encourage young people to attend a Santa Teresa Spirituality Centre Retreat Day (see flyer included).
- Facilitate a Called & Gifted program to help young people identify their gifts and strengths.
- Personally invite some young adults connected to the parish to join a parish Lenten program.
- Consider inviting a young person to join the Parish Pastoral Council.
- Hold a local event to celebrate the Year of Youth (e.g. Have a special event on World Youth Day 2018 – Palm Sunday, 25th March).
- Consider having a weekday early morning Mass in your parish for young professionals.
- Subscribe to the Year of Youth updates through the ACBC Office for Youth updates ([www.youth.catholic.org.au](http://www.youth.catholic.org.au)).
- Appoint two young ambassadors for the Year of Youth from your parish to join the national conversation via the Facebook group (search “Year of Youth Ambassadors”).
- Ask a young person if they would like to share why their faith is important to them, perhaps during the announcements at Mass.
- Encourage parishioners to invite a young adult couple over for dinner.

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## BULLETIN IDEAS:

- Dedicate a space in your parish bulletin for a young person to answer questions posed by the parish.
- Have a young person write a short summary / testimony after attending a youth event (Youth Mass, youth group, retreat, camp, etc.) to include in the bulletin. Include a photo if possible.
- Have short quotes from young people in your parish included in the bulletin (see the Catholic Leader's Retweet section).
- Include links to media where young people can delve further into the Sunday readings (e.g. Fr Rob Galea videos, Bishop Robert Barron's podcast, Life Teen's "Summit" reflections).
- Print the intercessory prayers written in the Saintry Snapshots (see flyer included) in the bulletin.

**Remember:** Never underestimate the power of a personal conversation!

Open new horizons  
for spreading joy

Young people, faith  
& vocational discernment

YEAR OF  
YOUTH  
2018